

Date: June 23, 2026

To: Monadnock Regional Coordinating Council for Community Transportation

From: Staff

RE: Transportation Security Index

Background

Preliminary results from the Community Transportation Needs Assessment, administered by Impact Consulting on behalf of the NH Commission on Aging, were shared at the NHTA/SCC Annual Meeting on June 4th. The survey introduced the Transportation Security Index (TSI), a validated measure developed by researchers at the University of Michigan modeled after the Food Security Index to measure transportation insecurity, which is defined as the inability to regularly travel to essential destinations safely or on time due to limited transportation resources

The [TSI-6](#) is a simplified six-question version of the original TSI, which had 16 questions. Participants are asked to answer “Often”, “Sometimes”, or “Never” for each question. Following are the questions:

1. To get to the places they need to go, people might walk, bike, take a bus, train or taxi, drive a car, or get a ride. In the past 30 days, how often did you have to reschedule an appointment because of a problem with transportation?
2. In the past 30 days, how often did you skip going somewhere because of a problem with transportation?
3. In the past 30 days, how often were you not able to leave the house when you wanted to because of a problem with transportation?
4. In the past 30 days, how often did you feel bad because you did not have the transportation you needed?
5. In the past 30 days, how often did you worry about inconveniencing your friends, family, or neighbors because you needed help with transportation?
6. In the past 30 days, how often did problems with transportation affect your relationships with others?

Scoring: for each “never” response a score of 0, each “sometimes” response a score of 1, and each “often” response a score of 2

- Sum score 0-1: No Insecurity/Secure
- Sum score 2-5: Marginal/Low Insecurity
- Sum score 6-12: Moderate/High Insecurity

The 2025/26 Alliance for Healthy Aging Community Transportation Needs Assessment indicates that 38.5% of respondents in the Monadnock Region (Region 5) experience Moderate/High Transportation Insecurity. Given that a low number is better, R5 outperformed 5 regions out of 9 across New Hampshire. The state average is 40.4%.

Recommendation

Consider whether MRCC would like to launch a campaign to encourage the collection of surveys establishing a true baseline for transportation insecurity in the region when resources necessary for administering the campaign can be identified.