

Date: June 23, 2026

To: Monadnock Regional Coordinating Council for Community Transportation

From: Staff

RE: Eligible Trip Purposes for Critical Access to Care Program

Background

This following list has been updated in collaboration with CVTC board members Molly Rajaniemi, Patient Experience Coordinator, Monadnock Community Hospital and Tricia Zahn, Senior Director of Population Health, Cheshire Medical Center. Most trip purposes are regularly-scheduled, predictable appointments that are planned in advance:

- **Cancer Care-** this may include follow-up screenings, chemotherapy, immunotherapy, or radiation treatment
- **Cardiac Rehab-** a medically supervised program to help patients recover after a heart attack, heart failure, or heart surgery
- **Diabetes Care-** the ongoing process of managing blood sugar levels and monitoring for complications through regular medical screenings and medication management
- **Dialysis-** a life-sustaining medical treatment that performs the natural filtering functions of the kidneys
- **Infusion Therapy-** a medical treatment where medication, fluids, or nutrients are delivered directly into the bloodstream through a needle or catheter, often used to treat autoimmune disease, genetic conditions, iron-deficiency anemia, and ulcerative colitis or to deliver antibiotics
- **Outpatient Physical Rehabilitation-** a program that helps patients recover from injuries, surgeries, or illnesses while continuing to live at home and maintaining their normal daily routines
- **Post-Surgery Follow-Up-** visits which are essential for monitoring healing, preventing complications, and ensuring optimal recovery outcomes.
- **Respiratory Therapy-** treatment focused on managing and improving lung and breathing function

Other More Complex Priorities

- **Hospital Release-** often not pre-planned and may necessitate specialized oversight or equipment
- **Post-Surgery-** often not pre-planned and may necessitate specialized oversight or equipment

Other possibilities as funding opportunities arise:

- Outpatient Drug Treatment
- Court-Required Urinalysis
- Prenatal Care
- Mental Health Appointments
- Walk-in Clinic/ Primary Urgent Care Visits

Recommendation:

For your information and subject to change based on ongoing research.